



## WISCONSIN INTERSCHOLASTIC ATHLETIC ASSOCIATION

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**FOR IMMEDIATE RELEASE: Tuesday, Oct. 26, 2010**

### WIAA STATE CROSS COUNTRY CHAMPIONSHIPS SCHEDULED THIS WEEKEND

**Wisconsin Interscholastic Athletic Association  
State Cross Country Championships  
Saturday, Oct. 30, 2010  
The Ridges Golf Course, Wisconsin Rapids, Wis.**

**THE MEET:** The 98th running of the Wisconsin Interscholastic Athletic Association Boys Cross Country Championships and the 38th Annual Girls Cross Country Championships will take place Saturday, Oct. 30, at The Ridges Golf Course in Wisconsin Rapids, Wis. Ticket price for the meet is \$6.

**RACE INFORMATION:** The boys will run a 5,000-meter course, and the girls will run a 4,000-meter course. The following is a listing of the times for each race:

#### Boys

|                   |            |
|-------------------|------------|
| <b>11 a.m.</b>    | Division 3 |
| <b>11:40 a.m.</b> | Division 2 |
| <b>12:20 p.m.</b> | Division 1 |

#### Girls

|                  |            |
|------------------|------------|
| <b>1 p.m.</b>    | Division 3 |
| <b>1:40 p.m.</b> | Division 2 |
| <b>2:20 p.m.</b> | Division 1 |

**HOW THEY GOT HERE:** There are 20 teams contending for the State championship in Division 1 for boys and girls, and 16 teams competing for the boys and girls Divisions 2 and 3 team titles. Teams competing for the titles qualified last weekend at their respective sectional meet. The top two teams in each of the 10 Division 1 sectionals and the top two teams from each of the eight Division 2 and 3 sectionals advanced. In addition to the qualifying teams, the first five individual finishers at their respective sectionals, who are

not a member of a qualifying team, also qualified for the State meet.

**LAST YEAR-BOYS:** Brookfield Central added its third team title last year with 99 points, 16 points ahead of runner-up Marquette with 115. Shorewood captured the Division 2 crown for its sixth title overall with 81 points, defeating runner-up Nekoosa/Port Edwards with 92 points. Cedar Grove-Belgium won the Division 3 team championship by scoring 68 points after finishing runner-up in 2008. The Prairie School finished second with 76 points. Marcus Paulson of Hamilton won the individual title in Division 1 with a time of 15:41. John Luterbach of Catholic Memorial captured the Division 2 individual crown with a time of 15:46.3, and Josh Mulloy of Cedar Grove-Belgium ran to the Division 3 individual championship for the second straight year with a time of 16:15.4.

**LAST YEAR-GIRLS:** Wausau East won the Division 1 team title with a score of 75 points, well ahead of runner-up Whitefish Bay with 142 points. Pewaukee won its fourth team championship by capturing the Division 2 title with a score of 62 points, finishing 72 points ahead of Wisconsin Lutheran, which placed runner-up with 134 points. Edgar won the Division 3 State title for the second consecutive year, compiling 107 points. Runner-up Cedar Grove-Belgium finished one point behind with 108. Gabby Levac of Arrowhead won the Division 1 individual championship for the second straight year, completing the course with a time of 14:36.7. In Division 2, Marya Haegler of Winnebago Lutheran ran to the individual title with a time of 14:33.9, and Molly Seidel of University Lake School finished first in Division 3 with a time of 14:33.9 to win her second straight individual honor.

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**BOYS TEAM NOTES:** This year's field contains 14 of last year's 20 participating teams, including Marquette, Stevens Point, Neenah, Hudson, Arrowhead, Janesville Craig and Kimberly, which all placed in the top 10, respectively. Of the top 10 teams returning, both Arrowhead and Janesville Craig have the most individuals returning that competed last year with five. Only six of the 16 teams from last year's field return to compete for the title in Division 2, including champion Shorewood. The Greyhounds will attempt to make it two in a row with three members of the team back from last year's meet. Wisconsin Lutheran, which finished third a year ago, also returns three. Pewaukee has four returning runners back from its fifth-place finish in 2009. Eight of the 16 team qualifiers from last year return to the Division 3 field this year, including defending champion Cedar Grove-Belgium. The Rockets are prepared to defend their crown with five of the seven competitors that ran in the State Meet last year returning. However, The Prairie School, which finished one point in back of the champs last year, also returns four of its competitors. Other top-10 teams from a year ago with five runners returning are Rosholt (6th) and Albany (8th).

**BOYS INDIVIDUAL NOTES:** The top returning runner from last year's meet is senior Sam Hacker of Madison West, who finished seventh. Among the other experienced returners expecting to challenge for the individual championship are senior Aaron Derner of Waterford, who placed ninth last year; junior Russell Sandvold of Arrowhead, who placed 10th; and senior Sebastian VanOudenallen of Milwaukee King, who placed 11th. Other possible contenders include seniors Joe Morgan of Milwaukee King and Sam Penzenstadle of Oshkosh West; juniors Brady Selner of Ashwaubenon and Tommy Meister of Janesville Craig; and sophomores Brad Woodford of Waukesha South, Michael Larson of Stevens Point and Ryan Kromer of Hudson. In Division 2, sophomore Ray McCoy of New Glarus/Monticello is the top returning finisher, placing eighth last season. Seniors Brett Johnson of St. Croix Central, Garrett Patrick of Columbus and Josh Marin of Pewaukee could also contend for the individual championship after placing 11th, 13th and 15, respectively, last season. Other possible challengers are seniors Joe Luedtke of Lomira and Joseph Pendleton of Shorewood; juniors Grey Davis of Lakeside Lutheran and Weston Brusky of

Oconto Falls; and sophomores Michael Christianson of Aquinas, Michael Evans of Valders and Trevor Wunnicke of Dodgeville/Mineral Point. The top returning individual in Division 3 is senior Jack Taylor of Webster. He placed third last year and sixth in 2008. Among those returning runners joining in the title chase are senior Joel Merritt of Cedar Grove-Belgium, who finished eighth last year; senior Alex Faber of Edgar, who was ninth a year ago; junior Matt Zuelke of Stratford, who placed 12th; and senior Dennis Haak of Belleville, who finished 13th. Other challengers are seniors DT McDonald of Oshkosh Lourdes and Ryan Mугan of Howards Grove; juniors Andres Tineo Paz of Kenosha St. Joseph, Connor Leonard of Arcadia and Charles Corbett of Chequamegon; and freshman Tyson Mieke of Darlington.

**GIRLS TEAM NOTES:** Twelve of the 20 qualifying teams return to the Division 1 field from last year. Wausau East is back to defend its title in Division 1 with five of its runners returning from the 2009 title team. The leading challengers to the team title are Whitefish Bay, Neenah, Homestead, Madison West, Kenosha Tremper and River Falls. All are teams returning that finished in the top 10 last year. The Division 2 field features nine of last year's 16 competing teams, including 2009 champion Pewaukee, which returns three runners from that squad. Wisconsin Lutheran, Luxemburg-Casco and Shorewood, which placed second through fourth, respectively, last season, each return four competitors from last year's squads. Northwestern ran to an eighth-place finish last season and is in good position to improve on that with all seven runners that competed a year ago returning. In Division 3, nine of last year's field of 16 teams return, including Edgar, which has won the title the past two seasons. Sheboygan Lutheran, Colfax, Oshkosh Lourdes finished third through fifth, respectively, last year. Sheboygan Lutheran and Oshkosh Lourdes return four competitors that competed last year, and Colfax returns five runners. Frederic and Laona/Wabeno, which finished seventh and 10th in 2009, respectively, also return five members each.

**GIRLS INDIVIDUAL NOTES:** Senior Katelyn Stine of Wausau East is the top returning individual in Division 1 after racing to a third-place finish last year, improving on her ninth-place standing in 2008. Others

returning that placed in the top 10 last year include senior Jenna McMiller of Waukesha North, who placed fourth after finishing fifth in 2008; Emma-Lisa Murphy of Whitefish Bay, who finished seventh; Liz Berkholtz of Sun Prairie, who was eighth; and junior Mandy Prom of Oconomowoc, who was ninth. In addition, senior Hannah Trasser of Brookfield Central was 14th after a third-place effort in 2008. Other potential challengers include senior Abigail Bullmore of Kenosha Bradford; juniors Sarah Mauel of Bay Port, Ashley Eckhoff of Wausau East and Olivia Pratt of Madison West; sophomores Paige Skorseth of River Falls, Claire Knaus and Alison Parker of Neenah; and freshmen Jackie Dubnicka of Arrowhead, Elizabeth Flatley of Brookfield Central and Rebecca Voss of Marshfield. Junior Tricia Serres of Platteville is last year's highest finisher returning in Division 2 with her sixth-place effort. Three other runners that placed in the top 11 last year are back to compete, including senior Emily Bachhuber of Shorewood, who placed eighth last year and third in 2008. Other top 11 finishers from a year ago that may be in the title hunt this year are junior Rachel Sudbury of Tomahawk, who finished seventh; senior Maddie Hibshmann of Onalaska, who was 10th in Division 1; and junior Caitlin Dachelet of Luxemburg-Casco, who was 11th. Others who may also contend for the individual title are senior Allie Woodward of Notre Dame; junior Haley Johnson of Plymouth, sopho-

mores Andrea Ostenso of Ladysmith, Kristin Linzmeier of Chilton, and Elana Stelter and Andrea Poppe of Wisconsin Lutheran. Junior Molly Seidel of University Lake School is back to defend her back-to-back titles. She is a considerable favorite to win her third title. If she receives a challenge for the individual title, it may come from a number of State-experienced competitors, including senior Sarah McMahon of Colfax, who finished runner-up to Seidel last season after a fifth-place finish in 2008; senior Elisa Caminiti of Wisconsin Heights, who was fifth in 2009; sophomore Breanna Colbenson of Spring Valley, who was sixth; senior Marina Paul of Cedar Grove-Belgium, who was seventh; and sophomore Lizzie Pospyhalla of Edgar, who was eighth. Others who could be up among the leaders based on their performance in the sectionals are senior Haley Steig of Osseo-Fairchild; juniors Miranda Brown of St. Mary's Springs and Katlyn Kretschmar of Mellen; and freshman Michaela Welsh of Oshkosh Lourdes.

**NEED THE QUALIFIERS?:** All rosters and qualifiers are available on the WIAA Web site at: <http://www.wiaawi.org/index.php?id=21>.

**NEED RESULTS?:** The only way to get results will be to access the WIAA Web site at: [www.wiaawi.org](http://www.wiaawi.org) and choose the cross country results link.